



95Si Stairclimber

The 90 Series stairclimbers feature a smooth, independent stepping action, forward thinking ergonomics and biomechanically correct motion. Angled to mimic real stepping action, the IsoTrack™ linear climbing mechanism delivers a low-impact stepping action that's easy on user's joints. The 95Si features a variety of workout programs, durable components, and a belt-drive system that's virtually maintenance free. And, powered by human movement, you can place the energy-efficient 95Si stairclimber anywhere in your facility, with no electrical cords or outlets to consider.

Performance Features

SMOOTH-STEPPING EXERCISE

The IsoTrack™ climbing system with mono-roller, belt-driven design ensures a smooth, low-impact exercise experience.

ERGONOMIC EXPERTISE

The ergonomically angled linear slide mechanism mimics a natural stepping motion and develops each leg independently for balanced results. Handlebars provide support and help ensure biomechanically correct posture.

HEART RATE MONITORING

Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the ergonomically correct handlebars to provide precise heart rate monitoring, and Polar telemetry provides accurate, "hands-free" heart rate monitoring. (Telemetry requires optional chest strap.)

MOTIVATING WORKOUT VARIETY

Zone Training+™ workouts automatically adjust the resistance level to keep users in their target heart rate zone. Goal-based workouts and interval workouts keep users motivated.

SELF-POWERED CONVENIENCE

You can place your stairclimbers anywhere in your facility. (Models with attachable LCD screens require power.)

HIGHLIGHTED FEATURE

SUPERIOR BELT-DRIVEN SYSTEM



Exercisers get the smooth, popular independent stepping action they want, and you get the virtually maintenance-free belt-drive system you need. Only Life Fitness combines these great features in one outstanding stairclimbing machine.

Product Details

- IsoTrack™ Climbing System
- Ergonomically designed handlebars for support and proper upright position
- Dual-level alphanumeric LED console
- Heart Rate Monitoring: Lifepulse™ hand sensors and Polar® telemetry
- 26 workouts, including 5 ZoneTraining+™ workouts
- User can select from up to 9 different languages
- Integrated reading rack and accessory tray
- Self-powered; optional plug-in accessory
- Available with Attachable LCD with E-Z TV™ Console (95SEZ) or Attachable LCD Entertainment System

955i Stairclimber Specifications

KEY:

• Standard ◦ Optional

HEART RATE MONITORING	
Polar® Telemetry (optional chest strap required)	•
Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing)	•
WORKOUTS	
Classic Workouts: Hill, Random, Manual, Quick Start	•
Zone Training+™ Heart Rate Workouts: Cardio, Fat Burn, Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate	•
Interval Workouts: Around the World, Cascades, Foothills, Interval, Kilimanjaro, Speed Training	•
Goal Workouts: Watts, METs, Calories, Distance, Time in Zone	•
Custom Workouts: 6 Customizable Workouts	•
Customized Cool Down	•
DISPLAY READOUT	
Elapsed Time, Total Calories Burned, Workout Profile, Resistance Level, Floors Per Minute, Total Floors Climbed, Calories Burned Per Hour, Watts, METs	•
Heart Rate	•
Language Choices*	9
DISPLAY TYPE	
LED: Alphanumeric message center workout profile and lower level time/level display	•
SPECIAL FEATURES	
IsoTrack™ Climbing System	•
Integrated Reading Rack	•
Integrated Accessory Tray	•
Support Handlebars	•
Oversized Non-slip Pedals	•
Front Wheels for Easy Mobility	•
Dedicated Keypad	•
On-the-Fly Programming	•
Resistance Levels	20
Plug-in Accessory	◦
Service Enhancements: Manager's Optional Settings and Service Diagnostics	•
Networking Capabilities: CSAFE-Ready, FitLinxx Certified	•
Attachable LCD Entertainment Solutions	◦
TECHNICAL SPECIFICATIONS	
Maximum User Weight: 350 lbs (160 kg)	•
Power Requirements	
- AC power line, 115 volt, 15 amp (voltage may vary outside U.S.)	◦
- Self-Powered	•
- Auto Start: Brings power to console when user begins stepping	•
Length	50" (127 cm)
Width	32" (81 cm)
Height	64.5" (164 cm)
Unit Weight	165 lbs (75 kg)
Warranty**	
- 2-year limited warranty on all mechanical and electrical components	•
- 1-year labor	•
- Attachable LCD Entertainment System option: 2-years electrical and mechanical parts; 90 days labor	•

*Japanese available with Complex Character Display (CCD) console. **Warranties outside the U.S. may vary. Specifications subject to change.